

# LA VENTANA

16 - 19 May 2024 ISTANBUL

	16.05 THURSDAY	17.05 FRIDAY	18.05 SATURDAY		19.05 SUNDAY	
11.30 12.45		<p><b>El Peque &amp; Carolina</b> CENTER: Different CENTERS in the body (It helps to clarify how to send and receive the information more clear, more secure and easier) <b>All Levels</b></p>	<p><b>El Peque &amp; Carolina</b> FLOW and STRUCTURE: "How to communicate structure or fluidity". <b>Intermediate-Advanced</b></p>		<p><b>Rodrigo &amp; Indira</b> "Creativity" Opening our mind to create new movements and finding more alternatives to our repertoire. <b>Intermediate-Advanced</b></p>	
13.00 14.15		<p><b>Sercan &amp; Zeynep</b> Make milonga your favourite tanda !! : Joyful passages between circular , lateral and linear moves <b>All Levels</b></p>	<p><b>Sol &amp; Fernando</b> Body-music-movement-emotion theatrical and expressive approach of the body in relation to music. <b>All Levels</b></p>	<p><b>Fede &amp; Sabrina</b> How start a turn? Crosses, steps and pivots: Circular movement of body with using basic elements. <b>All Levels</b></p>	<p><b>Fede &amp; Sabrina</b> Faster turns with simple sacadas, lapices and enrosques: Creating impacts with momentum. <b>Advanced</b></p>	
14.30 15.45		<p><b>Bruno &amp; Rocio</b> Change of dynamic from rythmical patterns <b>Intermediate-Advanced</b></p>	<p><b>Rodrigo &amp; Indira</b> The Art of Walking". Dynamics. How to design a movement idea and sustain it while walking. <b>All Levels</b></p>		<p><b>Fede &amp; Sabrina</b> Back Sacadas: Using the efficiency of rotation <b>Intermediate-Advanced</b></p>	
16:00 17:15		<p><b>Bruno &amp; Rocio</b> Combination of elements: squeeze your moves to the maximum <b>Advanced</b></p>	<p><b>Rodrigo &amp; Indira</b> Vals: dancing in the clouds <b>All Levels</b></p>	<p><b>Sercan &amp; Zeynep</b> Understanding the harmony of Connection and Circularity : Connect to your partner , connect to the ground <b>Intermediate-Advanced</b></p>	<p><b>El Peque &amp; Carolina</b> MILONGA CLASS: "Milongueando en el 40" (Interesting ways and structures from the 40) <b>Advanced</b></p>	<p><b>Bruno &amp; Rocio</b> Impro 1 - the base, the embrace, the presence <b>All Levels</b></p>
17.30 18.45		<p><b>FEDERICO - SABRINA SEMINAR</b> Technique and fundamentals: Evolution of technique and fundamentals for both roles. <b>(17:30 - 19:30)</b> <b>All Levels</b></p>	<p><b>Fede &amp; Sabrina</b> Ganchos: Adding some surprises to unexpected moments <b>Intermediate-Advanced</b></p>		<p><b>Sol &amp; Fernando</b> Dissociation in tango: differentiation work between the different twists that the spinal column offers us applied to tango and its embrace. <b>Intermediate-Advanced</b></p>	<p><b>Bruno &amp; Rocio</b> Impro 2 - how to deal with the space <b>All Levels</b></p>
19.00 20.15			<p><b>Sol &amp; Fernando</b> Figures for the "Pugliese World" <b>Advanced</b></p>		<p><b>El Peque &amp; Carolina</b> TECHNICAL INSTRUMENTS FOR MORE ENERGY: "How to store energy in different parts of the body" (elastics) <b>All Levels</b></p>	<p><b>Rodrigo &amp; Indira</b> And if we play that we don't always walk together". Dissociating the steps. <b>Advanced</b></p>
19.45 21.00		<p><b>Sol &amp; Fernando</b> Work with Social Tango figures taken to the stage, how to maintain the essence and add effect. advanced level <b>Advanced</b></p>				
MILONGA	<p><b>21:00-03:00</b> DJ Ahu Opening Dance of Maestros Sol &amp; Fernando</p>	<p><b>22:00-05:00</b> DJ Stefano Rodrigo &amp; Indira Sercan Zeynep</p>	<p><b>22:00-05:00</b> DJ RAMO &amp; GOGO Peque &amp; Carolina Bruno &amp; Rocio</p>		<p><b>22:00-04:00</b> DJ Manuel Simin &amp; Facundo Fede &amp; Sabrina Closing Dance of Maestros</p>	