

LA VENTANA

16 - 19 May 2024 ISTANBUL

| | 16.05 THURSDAY | 17.05 FRIDAY | 18.05 SATURDAY | | 19.05 SUNDAY | |
|----------------|---|--|---|--|---|---|
| 11.30 12.45 | | <p>El Peque & Carolina</p> <p>CENTER: Different CENTERS in the body (It helps to clarify how to send and receive the information more clear, more secure and easier)</p> <p>All Levels</p> | <p>El Peque & Carolina</p> <p>FLOW and STRUCTURE: "How to communicate structure or fluidity".</p> <p>Intermediate-Advanced</p> | | <p>Rodrigo & Indira</p> <p>"Creativity" Opening our mind to create new movements and finding more alternatives to our repertoire.</p> <p>Intermediate-Advanced</p> | |
| 13.00 14.15 | | <p>Sercan & Zeynep</p> <p>Make milonga your favourite tanda !! : Joyful passages between circular , lateral and linear moves</p> <p>All Levels</p> | <p>Sol & El Peque</p> <p>Body-music-movement-emotion theatrical and expressive approach of the body in relation to music.</p> <p>All Levels</p> | <p>Fede & Sabrina</p> <p>How start a turn? Crosses, steps and pivots: Circular movement of body with using basic elements.</p> <p>All Levels</p> | <p>Fede & Sabrina</p> <p>Faster turns with simple sacadas, lapices and enrosques: Creating impacts with momentum.</p> <p>Advanced</p> | <p>Andres & Natacha</p> <p>Focus on musicality and movement quality. Make each tanda unique. Listen closely, adapt your interpretation, and dance with new sensations for memorable tandas.</p> <p>All Levels</p> |
| 14.30 15.45 | | <p>Bruno & Rocio</p> <p>Change of dynamic from rythmical patterns</p> <p>Intermediate-Advanced</p> | <p>Rodrigo & Indira</p> <p>The Art of Walking". Dynamics. How to design a movement idea and sustain it while walking.</p> <p>All Levels</p> | | <p>Fede & Sabrina</p> <p>Back Sacadas: Using the efficiency of rotation</p> <p>Intermediate-Advanced</p> | |
| 16:00 17:15 | | <p>Bruno & Rocio</p> <p>Combination of elements: squeeze your moves to the maximum</p> <p>Advanced</p> | <p>Rodrigo & Indira</p> <p>Vals: dancing in the clouds</p> <p>All Levels</p> | <p>Sercan & Zeynep</p> <p>Understanding the harmony of Connection and Circularity : Connect to your partner , connect to the ground</p> <p>Intermediate-Advanced</p> | <p>El Peque & Carolina</p> <p>MILONGA CLASS: "Milongueando en el 40" (Interesting ways and structures from the 40)</p> <p>Advanced</p> | <p>Bruno & Rocio</p> <p>Impro 1 - the base, the embrace, the presence</p> <p>All Levels</p> |
| 17.30 18.45 | | <p>FEDERICO - SABRINA SEMINAR</p> <p>Technique and fundamentals: Evolition of technique and fundamentals for both roles.</p> <p>(17:30 - 19:30)</p> <p>All Levels</p> | <p>Andres & Natacha Seminar</p> <p>Following and leading. Being active in deep couple connection. Connect to feel, not just think. Inspire and be inspired by your partner!</p> <p>All Levels</p> | <p>Fede & Sabrina</p> <p>Ganchos: Adding some surprises to unexpected moments</p> <p>Intermediate-Advanced</p> | <p>Sol & El Peque</p> <p>Dissociation in tango: differentiation work between the different twists that the spinal column offers us applied to tango and its embrace.</p> <p>Intermediate-Advanced</p> | <p>Bruno & Rocio</p> <p>Impro 2 - how to deal with the space</p> <p>All Levels</p> |
| 19.00 20.15 | | | | <p>Sol & El Peque</p> <p>Figures for the "Pugliese World"</p> <p>Advanced</p> | <p>El Peque & Carolina</p> <p>TECHNICAL INSTRUMENTS FOR MORE ENERGY: "How to store energy in different parts of the body" (elastics)</p> <p>All Levels</p> | <p>Rodrigo & Indira</p> <p>And if we play that we don't always walk together". Dissociating the steps.</p> <p>Advanced</p> |
| 19.45 21.00 | | <p>Sol & El Peque</p> <p>Work with Social Tango figures taken to the stage, how to maintain the essence and add effect. advanced level</p> <p>Advanced</p> | | | | |
| MILONGA | <p>21:00-03:00</p> <p>DJ Ahu</p> <p>Opening Dance of Maestros</p> <p>Surprise of Sol</p> <p>Andres & Natacha</p> | <p>22:00-05:00</p> <p>DJ Andres</p> <p>Rodrigo & Indira</p> <p>Sercan Zeynep</p> | <p>22:00-05:00</p> <p>DJ RAMO & GOGO</p> <p>Peque & Carolina</p> <p>Bruno & Rocio</p> | | <p>22:00-04:00</p> <p>DJ Manuel</p> <p>Simin & Facundo</p> <p>Fede & Sabrina</p> <p>Closing Dance of Maestros</p> | |